



## Southlake Recreation Association 2023 Pool Rules

### POOL RULES – ACCESS

- All patrons must register in CellBadge prior to accessing the Pool. Registration CAN NOT be done onsite. Lifeguards are not authorized to register members.
- All patrons must check-in at the lifeguard desk prior to entering.
- Patrons under 12 years of age, regardless of swimming ability, are not allowed in the pool area without a parent or responsible caretaker 15 years or older.
- Caregivers require a pass via registration in CellBadge. Contact management for registration instructions.
- Guests of Southlake Recreation Association (SRA) members or seasonal members must have a guest pass in order to enter the pool area. Guests should be accompanied by members at all times while on SRA property. Guest passes may be purchased through management.
- SRA members or Seasonal Members may bring up to two guests per member for any given visit. A maximum of six guests per household per visit will be permitted. SRA members or Seasonal Members are responsible for their guests' actions.

### POOL RULES – SAFETY

- Anyone using the pool must be able to pass a swimming test in order to wade in water that will submerge them past the shoulders or be accompanied by someone 15 years or older in arms reach who can pass a swim test. One individual who can pass a swim test can accompany at most, 2 individuals who cannot pass the test when in water that will submerge them past the shoulders. The pool manager or a designated lifeguard will administer swimming tests at their discretion in order to verify a pool patron's swim proficiency. Individuals who do not pass the test will be restricted to swimming in areas that do not submerge past the shoulders. The test will include having individuals swim the length of the pool, tread water for one minute, and fully submerge and recover.
- For your safety, the lifeguards will have a break once an hour for 10 minutes. The Lifeguard needs this break every hour to maintain peak performance. The Lifeguard may use this break to clean, adjust chemicals, check bathrooms, etc. Lap swimming will be permitted during these breaks. Lap Swimming is actively moving from one side of the pool to the other either swimming or walking. No sitting on the edge of the pool with feet in the pool will be allowed.
- Because artificial flotation devices may interfere with or disrupt the lifeguard's view of the water or may provide a false sense of security for the user, they are prohibited from use. Prohibited items include, but are not limited to, inner tubes bigger than 24" in any dimension, rafts of any kind, inflatable balls of any size, water guns bigger than 12" in any dimension, street balls (football, basketball, soccer ball, etc.) of any size and kind, and non-Coast Guard approved water wings and life jackets. Exceptions:
  - If a pool patron requires the assistance of a flotation device as an aid for a disability, that patron must notify the Pool Manager on duty of the need for such a device upon each visit to the pool.

- Noodles, kick boards (for instructional swimming only), diving sticks, small pool toys, and soft balls designed for water play are allowed. Users of those items may be required to pass swim test at the lifeguard's discretion in order to be allowed to use them.
- Kickboards, buoys, masks, snorkels, and fins may be used while lap swimming only.
- Diving from the poolside is only allowed in the diving well.
- No prolonged underwater swimming, breath-holding or games including such behavior will be allowed. Running, horseplay, playing ball, tag games, etc. are not allowed in the water, on the deck or in the locker rooms.
- Fighting, violent acts, disruptive or unsafe behavior, or abusive or profane language are all cause for immediate expulsion, and persons exhibiting or causing such will be required to leave SRA property immediately. Lifeguards, pool management company staff, or SRA staff will enforce these rules at their discretion, up to and including contacting law enforcement. Repeated offenses may result in further loss of privileges.
- The "Emergency signal" for clearing the pool is three (3) BLASTS OF THE WHISTLE. When this signal is sounded, all swimmers must promptly leave the pool by the nearest ladder or pool edge.
- Alcoholic beverages of any kind, and persons under the influence of alcohol, will not be allowed within the pool area.
- No glass containers of any kind or breakable objects will be allowed in the pool area.
- Pool users must wear appropriate swimming suits or trunks upon entry into the pool.
  - "Street clothes," Brazil/French-cut, thong style and/or revealing swimwear (including see through), cut-off jeans, jeans, skirts, shorts, sport bras, leotards, leggings, dri-fit wear, compression shorts and compression shirts are prohibited. Underwear and undergarments are not allowed to be worn under swimsuits. Patrons with inappropriate swimwear as listed above or otherwise will be required to change into appropriate attire, otherwise will be asked to leave the premises.
  - Swimwear must not have been worn for exercising immediately prior to pool use and must be colorfast and of a lightweight non-absorbent and non-transparent material suitable for swimwear. Clean, non-cotton swim shirts may be approved to be worn for modesty or medical reasons.
- Personal earphones, headphones, or other similar device must be used when playing music or any media with sound so as not to disturb other patrons.
- The Guards are on duty for your protection. Do not distract them in any way. If you need to talk with one of them, wait until she/he is away from their guarding post.
- The decision to close the property for inclement weather is at the discretion of the Pool Management Company, Southlake Recreation Association Management Company, and/or Board of Directors. For safety, in the event of an electrical storm the pool will remain closed for thirty (30) minutes following audible thunder and/or forty-five (45) minutes following observed lightning. In the event of weather that obstructs visibility, the pool will be closed if lifeguards cannot maintain clear view of the bottom of the diving well. Finally, patrons will be asked to leave the pool area until the weather has ceased, and conditions allow the pool to be re-opened.
- The lifeguard is the absolute authority in all matters pertaining to the safety and operation of the pool.
- If there is no lifeguard present, the pool is closed, and no one is to enter the water.

## **POOL RULES - HEALTH REGULATIONS**

These regulations are standard public swimming pool health regulations and are mandated and/or supported by the Prince William County Code of Ordinances (Prince William County Health Department).

- Do not drink the pool water.
- Patrons who have or have had diarrhea in the past two weeks should not use the pool.

- All patrons should shower before entering the water.
- Persons with skin infections, open wounds, conjunctivitis (pink eye) and nasal or ear discharges are not permitted in the Pool or Wading Pool.
- Diaper dependent patrons must wear swim diapers or snug plastic/rubber pants under swimsuits.
- Animals are prohibited in the pool facility, with the exception of trained service animals assisting individuals with disabilities.
- All accidents and injuries occurring within the Pool area must be reported to the lifeguards immediately.

## **POOL RULES – WADING POOL**

- The wading pool may be used by patrons who cannot independently swim.
- Parents/guardians/caretakers 15 years of age or older must be present with children at all times.
- Lifeguards are not responsible for actively watching this area but are available to assist in case of emergencies.

## **POOL RULES - SLIDE RULES**

- Use of the Water Slide is at the discretion of the lifeguard staff and dependent on staffing available to ensure safe surveillance and operation. The slide may only be used with a lifeguard present who is solely dedicated to the slide.
- Patrons will refrain from entering or using the Water Slide when a lifeguard is not present.
- The area beneath the slide must remain clear while the slide is in use.
- All slide users must be 42 inches or taller or have successfully passed the swimming test. Lifejackets are not permitted.
- Maximum rider weight is 325 pounds.
- Lifejackets, balls, noodles, and other recreational toys are not permitted on the slide.
- The following rules apply to the slide:
  - Riders must enter the slide in a sitting position and wait for instructions from lifeguard.
  - No running, standing, kneeling, rotating, tumbling, or stopping in flumes or tunnels.
  - Only one rider at a time is allowed on the slide.
  - Patrons must slide feet first, on your back, or in a sitting position.
  - Patrons must leave the landing area promptly after exiting from the slide.
- No foreign objects are allowed in pockets and no jewelry can be worn while riding the slide.
- Clothing with exposed zippers, buckles, or rivets is not permitted on the slide.
- Always follow instructions of the lifeguard.